

Nebo Student Wellness Policy Healthy Discussion 2022-23

Required: This topic MUST be discussed as a School Community Council or with council president and principal. Before you discuss this with your School Community Council, be sure the agenda item is posted on your website.

Post minutes of the discussion on your website too.

School:

Principal:

Members of School Community Council who discussed compliance:

School Wellness Specialist:

Directions: According to the Nebo School District Student Wellness Policy EFA policies and procedures, each school’s community council must report on compliance in following that policy for improving student wellness. For the policy see: <http://www.nebo.edu/pubpolicy/E/EFA.pdf>. The school wellness specialist is assigned to assist in producing the report. Please discuss the school compliance by completing this report.

Yes ___ No ___ We published this discussion on our school website (SCC page).

A. Describe efforts and successes to improve **student** wellness in your school. Your discussion should include health and nutritional education, physical education and activity time, and steps being taken to create a healthier school environment.

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B. Describe **employees’** wellness climate, efforts or successes that have occurred in your school.

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C. Describe areas that your school identified as **needing improvement** for both **students** and **employees**. You may include steps or goals to improve this need.

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D. Healthy choices for classroom rewards/celebrations:

How well are parents following the request to offer healthier rewards and celebrations? (Elementary only)



How well are your teachers following the request to offer healthier rewards and celebrations?



E. Federal Smart Snack policy, Nebo Vending Policy (EFC) and Student Wellness Policy (EFA):

How well has your school followed the Federal Smart Snack policy at lunchtime (Food items sold not part of lunch program that are not Smart Snack Compliant)?



How well has your school followed the Nebo Vending policy (Secondary only)?



Do you have any recommendations for policy or implement changes to the Student Wellness Policy (EFA)?



Email completed report to John Allan by May 15.

Questions on the report: John Allan 354-7466 john.allan@nebo.edu