

Tested Positive for COVID-19 Anyone who tests positive for COVID-19 should isolate until he or she has been:

- Fever-free for 24 hours (this means you did not use medicine to lower your fever), and
- His or her symptoms have improved for 24 hours, and
- It has been at least 10 days since he or she first got sick.
- If the person did not have symptoms, he or she should isolate for 10 days from the day the person was tested.

Students, teachers, and employees should not go to school or work until they are done with their isolation.

A person who is exposed to someone who tested positive should quarantine for 14 days from their last date of close contact. A close contact exposure means a person was closer than 6 feet from someone who tested positive for COVID-19 for a total of 15 minutes or longer within a 24-hour period. This is a cumulative total, meaning you could have different exposure events throughout the day. **Exception is if the exposed person had a positive test result within 90 days of their exposure. Getting a negative test result before the end of the 14 days does not stop the quarantine, unless the Low Risk Test and Return criteria for a school exposure is met.**

Low Risk Test and Return --This only applies to exposures that occur at school.

Students, teachers, and staff who were exposed at school can return before 14 days if they can meet these criteria:

1. The school verifies the student, teacher or staff member who was exposed and the person who tested positive were both wearing a face mask as defined by the State Public Health Order on masks in schools.
2. The quarantined student, teacher, or staff member has a negative COVID-19 test result (must be a PCR or antigen test, not an antibody test). The test result must be from at least 7 days after the last exposure to the person who tested positive. Must provide school with written proof of negative result.
3. The student, teacher, or staff member does not have symptoms of COVID-19.

If the student, teacher, or staff member who was exposed meets ALL three criteria, he or she may return to work, school, or related activities, if the employee or the parents of the student choose. If the person does not meet ALL three criteria or chooses not to get tested, he or she should quarantine at home for 14 days from the last day of exposure.

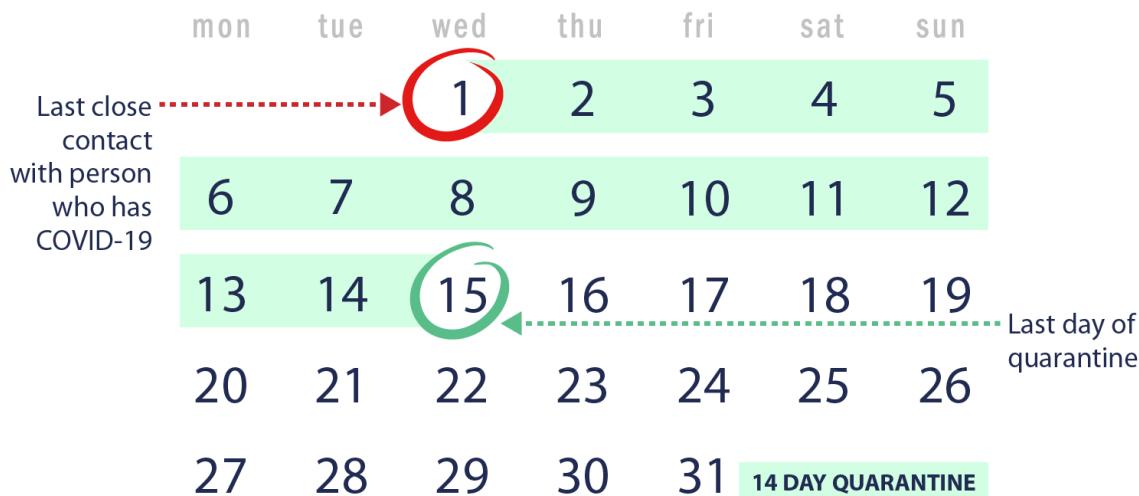
Anyone who has been exposed to COVID-19 and comes back to school must continue to watch for symptoms. If employees or students get symptoms, they should isolate at home and call their healthcare provider.



Exposed to Someone Who Tested Positive For COVID-19 -NOT in the Same household

Scenario 1: Close contact with someone who has COVID-19—will not have further close contact

I had [close contact](#) with someone who has COVID-19 and will not have further contact or interactions with the person while they are sick (e.g., co-worker, neighbor, or friend). Your last day of quarantine is 14 days from the date you had [close contact](#).



Someone in the Same Household Tested Positive

Scenario 2: Close contact with someone who has COVID-19—live with the person but CAN avoid further close contact

I live with someone who has COVID-19 (e.g., roommate, partner, family member), and that person has isolated by staying in a separate bedroom. I have had no [close contact](#) with the person since they isolated. Your last day of quarantine is 14 days from when the person with COVID-19 began home isolation.



Scenario 3. Under quarantine and had additional close contact with someone who has COVID-19

I live with someone who has COVID-19 and started my 14-day quarantine period because we had close contact. What if I ended up having close contact with the person who is sick during my quarantine? What if another household member gets sick with COVID-19? Do I need to restart my quarantine?

Yes. You will have to restart your quarantine from the last day you had close contact with anyone in your house who has COVID-19. **Any time a new household member gets sick with COVID-19 and you had close contact, you will need to restart your quarantine.**

mon	tue	wed	thu	fri	sat	sun
		1	2	3	4	5
Start of first quarantine						
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		14 DAY QUARANTINE

Additional contact or someone else got sick, quarantine starts over

Last day of quarantine

Scenario 4: Live with someone who has COVID-19 and cannot avoid continued close contact

I live in a household where I cannot avoid close contact with the person who has COVID-19. I am providing direct care to the person who is sick, don't have a separate bedroom to isolate the person who is sick, or live in close quarters where I am unable to keep a physical distance of 6 feet.

You should avoid contact with others outside the home while the person is sick, and quarantine for 14 days after the person who has COVID-19 meets the criteria to end home isolation.

mon	tue	wed	thu	fri	sat	sun
30	31	1	2	3	4	5
Person is sick/ has COVID-19						
6	7	8	9	10	11	12
Criteria met to end home isolation						
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		14 DAY QUARANTINE

Last day of quarantine