



Love and Logic®

PARENTING CLASSES

Dates: March 16, 23, 30

When: 5:00-7:00pm

Where: Park Elementary--Call Ann to sign-up

801-798-4045

90 N 600 E., Spanish Fork Utah

\$12.00 per couple, book included

If you have paid to attend any previous Nebo district Love and Logic course this course is FREE of charge!

Taught by Karen Smith & Jenn Moxon School Counselors

Learn skills to:

- Avoid un-winnable power-struggles and arguments
- Stay calm when their kids do incredibly upsetting things
- Set enforceable limits
- Avoid enabling and begin empowering
- Help kids learn from mistakes rather than repeating them
- Raise kids who are family members rather than dictators
- Court Approved Parenting Class